

Spiritworks presents

# Caroline Myss

## *Defy Gravity*

Healing Beyond the Bounds of Reason

A Day of Transformation

Saturday, **August 28**

Langham Hotel, Auckland



### ***Exploring the Power of your Graces***

*“Of all the many gifts we can give ourselves in life, the most rare of these, are time for reflection and renewal of your spirit and a chance to encounter new ideas and thoughts that hold the potential to transform your life.*

*In the seminar I will highlight the specific qualities of each of the graces of your soul, including how grace influences healing and navigating life crises*

*Of all the many reasons I can offer you to consider joining me for this seminar, consider how rare it is that you have the chance to experience a personal programme aimed at awakening that which is the most beautiful about the human soul - its seven core graces.” – **Caroline Myss***

Don't miss this very special opportunity with **Caroline Myss**,  
Medical Intuitive and Internationally Renowned Authority on Mysticism, Power and Healing.

## **About Caroline Myss**

Personal transformation, healing and the study of power and mysticism defines the work of Caroline Myss.

Caroline states ‘Your biography becomes your biology’. In other words, if you don't heal your spirit, you are endangering your physical body and putting yourself at great risk for illness and disease. She encourages individuals to focus their attention on learning to interpret their life's challenges symbolically – and find meaning in them.

Marrying mysticism with action, Caroline's work is unique. She teaches about the ‘unseen’ world through practical and tangible lessons. She helps people to be honest with themselves, with others, and most importantly, with their soul.

“The journey is about becoming mystics outside of the monastery.” – **Caroline Myss**

Her work has opened the doors for many health professionals to practice medicine differently. In 1996, she and Harvard-trained neurosurgeon Norman Shealy, MD, PhD, founded the Institute for the Science of Medical Intuition, which funds research in the field. Caroline partners with doctors and provides them with intuitive information that can help them better serve their patients.

In 2003, Caroline established her own educational institute, CMED (Caroline Myss Education), which offers a range of programs devoted to personal development, spirituality and human consciousness research.

Her *New York Times* bestsellers include *Anatomy of the Spirit*, *Why People Don't Heal and How They Can*, *Sacred Contacts*, *Entering the Castle* and now, *Defy Gravity - Healing Beyond the Bounds of Reason*.

## The Seminar

*“We can empower and heal each other and change this world.” – Caroline Myss*

Through her practice and bestselling books, medical intuitive Caroline Myss has helped millions of people to understand illness and to find the potential to heal themselves. This is a rare opportunity to experience her teachings at first hand.

Through the course of this day-long seminar, Caroline discusses the qualities involved in the process of healing. She demonstrates how conventional and holistic medicine often fall short and how both rely on a logical approach to curing illness when there is nothing reasonable about the emotional, psychological or spiritual influences behind any ailment.

Exploring the subject of her latest book, *Defy Gravity*, Caroline shows how you can move beyond this need to find the logic behind an illness and get on with the task of personal transformation. There are limitless possibilities to heal when the mystical consciousness is embraced while going through treatment.

You will also be taken through a series of exercises for healing and channelling grace. Caroline will teach you how to move beyond the power of reason to enter the soul.

At once inspirational and entertaining, this one-off event promises to be truly life enhancing.

## The Book

### **Defy Gravity Healing Beyond the Bounds of Reason**

*You can heal any illness. You can channel grace. And you can learn to live fearlessly.*

*New York Times* best-selling author Caroline Myss draws from her years as a medical intuitive to show that healing is not only physical; it is also a mystical phenomenon that transcends reason.

Inspired by ordinary people who have overcome a wide array of physical and psychological ailments—from rheumatoid arthritis to cancer—Caroline turned to the works of the great mystics to gain a deeper understanding of healing’s spiritual underpinnings. Based on these studies, she demonstrates how conventional and holistic medicine often fall short in times of need. Both systems rely upon a logical approach to curing illness when there is nothing reasonable about the emotional, psychological or spiritual influences behind any ailment.

Integral to this mystical healing approach is the engagement of the soul, which we experience through exploring our seven shadow passions, building an empowered inner self around our seven inherent graces, and learning how to work with the mystical laws that govern it. This knowledge holds the key to understanding what it means to defy gravity and break through the boundaries of ordinary thought.

*Defy Gravity* is published by Hay House and, to date, has sold over 50,000 copies in Australia and New Zealand.

### **Defy Gravity - Healing Beyond the Bounds of Reason**

*Exploring the Power of your Graces*

Saturday, **August 28**, 10.am – 5.00pm  
Langham Hotel, **Auckland**

**Book at: [www.myss.co.nz](http://www.myss.co.nz)**

**For further information call: (09) 2928433 or email: [mysseminar@gmail.com](mailto:myseseminar@gmail.com)**