

International
Yoga Teachers' Association
(N.Z.) Inc.

Rules

Revised 1997

(Reprinted 2006)

RULES OF THE INTERNATIONAL YOGA TEACHERS'
ASSOCIATION (N.Z.) INCORPORATED
PREAMBLE:

WHEREAS an Association known as the International Yoga Teachers' Association has been established and having its headquarters at Sydney in the Commonwealth of Australia IT IS HEREBY INTENDED to establish a self-governing, autonomous and financially independent Association in New Zealand with similar purposes and objectives.

1. NAME

The name of the Association shall be International Yoga Teachers' Association (NZ) Incorporated (hereinafter Referred to as 'The Association').

2. REGISTERED OFFICE

The Registered Office of the Association shall be in such place in New Zealand as the National Executive Council (herein after referred to as 'The Executive') may from time appoint. Notice of any change in the situation of the registered office shall be given to the Registrar of Incorporated Societies.

3. OBJECTS

The objects of the Association are:

- (a) To form a universal association of Yoga teachers and participants.
- (b) To encourage the development and growth of Yoga and of Yoga teaching standards and principles in New Zealand.
- (c) To promote a reverence for and feeling of unity with all life.
- (d) To promote and assist with courses and schools to refresh students and teachers in their knowledge of Yoga.
- (e) To encourage an understanding of Yoga philosophy, psychology, mythology and culture.
- (f) To acquire, collate and disseminate to members any and all information which either directly or indirectly may be of interest or assistance to the members in carrying out their teaching or practice of Yoga.
- (g) To organize and co-ordinate the activities of the members of the Association for their mutual benefit and generally to do all and such

acts and things as shall be conducive to the more efficient running of the teaching and practice of Yoga.

(h) To purchase, sell, lease, transfer, take or lease or otherwise acquire or dispose of any real or personal property and rights or privileges which the Association may think necessary or convenient for the purpose of its business.

(i) The holding, investment and management of all funds raised for the above objects.

(J) To protect in any lawful way the interests of the members of the Association.

(k) The doing of all such things as are incidental or conducive to the attainment of the above objects or any of them. In construction of the foregoing objects, the construction of any clause shall not be limited or restricted by reference to any one or more of the other clauses.

4. MEMBERSHIP

Membership of the Association is open to anyone who is in sympathy with the objects of the Association.

(a) Honorary Life Members shall be elected by a resolution of members at a Biennial General Meeting of the Association.

(b) Honorary Members shall hold temporary membership accorded by the Executive to visitors.

(c) Fellow Members are those Diploma members who have a teaching experience of at least five years and who have to the satisfaction of the Executive rendered valuable service to the Association other than in their capacity as teachers to Yoga students.

5. ELECTION OF MEMBERS

(a) Members

Application as a member of the Association must be made on the official application form of the Association and be delivered to the Branch Secretary.

(b) Fellow Members

Fellow Members are nominated by three Members; such nominations shall be considered by the Executive in the same manner as elections of members under Rule 5(a) above.

(iv) To appoint from its own members or otherwise sub-committees or special committees it may deem necessary.

(v) To replace any Member who ceases to be a Member of the National Executive Council by co-opting another Member of the Association.

(b) The decision of the Executive on all matters, questions and disputes shall be final and conclusive and subject only to an appeal to a General Meeting of the Association.

6. TERMINATION OF MEMBERSHIP

(a) It shall be at the discretion of the Executive to decide whether any person shall have forfeited his or her right to remain a member of the Association. If so decided, the Secretary shall give such person seven days notice thereof in writing, stating shortly the reasons therefore and informing such person of the time and place of the meeting of the Executive when the question of expulsion will be considered.

Such person will have the right of giving any explanation or defence to the Executive. If the Executive shall decide that such person has forfeited his or her right to remain a Member of the Association such person shall thereupon cease to be a Member.

(b) Any Member may resign by written notice to the Secretary upon payment of any Subscription then owing.

(c) Members whose subscriptions are in arrears for over three months may be struck off the roll by resolution of the Executive after notice of such arrears has been given to the Member.

7. RIGHTS AND DUTIES OF MEMBERS

All members shall have voting and speaking rights. All members shall abide by the code of ethics as set out in Teachers' Manual of the International Yoga Teachers' Association.

Only IYTA Diploma graduates may use the letters IYTA (NZ) Dip after his/her name.

8. SUBSCRIPTIONS

Subscriptions shall be fixed by Members at each Biennial General Meeting.

9. EXECUTIVE OFFICERS

(a) The National Executive shall consist of:

(i) The President and Secretary who shall be elected at each Biennial

General Meeting, except that a non-voting Secretary, Treasurer or Secretary/Treasurer may be appointed by the Executive as provided for in Rule 9(b) below, and

(ii) One member nominated by each Chartered Branch of the Association and confirmed at the Biennial General Meeting,
(iii) Whenever a new President is elected, the Immediate Past President, is ex officio. The Immediate Past President may also be a Chartered Branch's nominee to the Executive, as may also be the Secretary, when such Secretary is elected by the Biennial General Meeting. Should a new Chartered Branch be formed during the term of the Executive, that new Branch's nominated representative may be accepted as a member of the Council by the Executive.

(b) At the first meeting of the new Council, a Vice President, Treasurer, Newsletter Editor and 'International Light' Secretary shall be elected from its members, except that the Council, if it thinks fit, may appoint a non-voting Secretary and/or Treasurer who is/are not Council Members.

(c) Nominations for all appointments to the Executive except for the office of President shall be made at the Biennial General Meeting and shall be seconded, upon which appointment shall be made of the number of persons or the person required receiving the majority of votes for such position or positions at such a Meeting. Nominations for President shall be submitted in writing to the Secretary of the Association three months before the Biennial General Meeting to allow members to cast their vote for President.

No nominations or votes for President shall be accepted from the floor.

The President shall be Chairperson of the meeting of the Executive.

(d) The quorum for a meeting of the Executive shall be four.

(e) Any Member who absents him/herself from three consecutive meetings of the Executive shall cease to be a member thereof unless he/she has been granted leave of absence by the Executive.

10. POWERS AND DUTIES OF THE EXECUTIVE

(a) The Executive shall have the following powers and duties:

(i) To control and manage the office property, funds of the Association and any property or rights mentioned in Rule 20 of these Rules.

(ii) To open such Bank Account or Accounts as may be required

from time to time under the control of the Treasurer and to authorise three of its members to withdraw funds therefrom with the proviso that all withdrawal documents shall be signed by any two of them.

(iii) To conduct and/or approve Teacher Training Courses and Seminars for teachers and Study Courses for Students and to stimulate participation therein.

(iv) To replace any Member who ceases to be a Member of the National Executive Council by co-opting another Member of the Association.

(b) The decision of the Executive on all matters, questions and disputes shall be final and conclusive and subject only to an appeal to a General Meeting of the Association.

11. AUDITOR AND SOLICITOR

At the Biennial General Meeting an Honorary Auditor and Honorary Solicitor shall be appointed. The Honorary Auditor shall not be a Member of the Executive.

12. INTERNATIONAL SECRETARY

It shall be the duty of the International Secretary to liaise with persons and bodies outside New Zealand for all or any purpose whatsoever that may be of interest to the Association.

13. EDITOR OF PERIODICAL

There shall be an Editor of a Periodical for the Association whose duties shall comprise the compiling and editing of information for a periodical to be sent at regular intervals to Members of the Association.

14. BIENNIAL GENERAL MEETING

A Biennial General Meeting shall be held every two calendar years. At the Biennial General Meeting the Executive's report and the Financial Statement shall be presented for acceptance and Officers elected for the ensuing two years.

15. SPECIAL MEETINGS

Special meetings of the Association shall be convened at any time by the Secretary within 28 days upon a resolution of the Executive or upon receipt by the Secretary of a written request by ten financial Members of the Association, such request to contain full details of any business to be put to the meeting.

16. DECISION MAKING

All decisions made at meetings shall be by consensus.

17. NOTICES

Notice in writing of general or special meetings of the Association shall be posted to all Members at least 21 days before the date fixed for the meeting. Such notice shall contain an abstract of the business to be transacted. In the case of special meetings it shall distinctly state the purpose of such a meeting. Notices shall deem to have been properly given if forwarded to the last known address of a Member.

18. APPLICATION OR ALTERATION OR ADDITION OR RESCISSION OF RULES

Any proposal for affiliation with any other organisation or for any alteration or addition or rescission of these Rules shall be moved at a special meeting called for the purpose or at a Biennial General Meeting of which due notice has been given in accordance with the Rule for calling special meetings, provided that no amendment shall be permitted if it in any way affects the non-profit status of the Association. Any such proposal shall require a majority of two thirds of the financial Members present and voting in person or by proxy.

19. COMMON SEAL

The Common Seal shall be in the custody of the Secretary. The Seal shall not be affixed to any document except by the authority of the Executive and in the presence of two Executive Members together with the President or Secretary, which Officers shall affix their Signature to every document so sealed.

20. POWER TO DEAL IN REAL OR PERSONAL PROPERTY

The Association shall have the power to purchase take or lease or otherwise acquire any real or personal estate or any rights or privileges in connection therewith and to hold, improve, manage develop, let on hire or otherwise lease, sell, exchange or otherwise dispose of any such property rights or privileges. The Association shall also have power to borrow such sums of money as it thinks fit and to secure the repayment thereof by the issue of Debentures or by mortgage or by charge upon the whole or any part of the property or

assets of the Association. The Association shall further have the power to lend and advance money or to give guarantees or become surety for the payment of monies or the performance of contracts or obligations of any Society.

21. WINDING UP

In the event of the winding up of the Association under the provisions of the Incorporated Societies Act 1908 the surplus assets of the Association as defined by the Act shall not be disposed of among Members of the Association but shall be disposed of in such other manner as the Association shall decide at a meeting.

22. The Association shall not be conducted for the profit of its Members and no part of the income or assets of the Association shall enure to the benefit of any officer or Member of the Association provided however that this clause shall not prevent the payment of such expenses or remuneration to the Members or employees of the Association if the committee responsible for the administration of the Association shall so decide.

INCORPORATED

31st March 1978

By the registrar of
Incorporated Societies

AMENDED

24th June 1997

By the Asst Registrar of
Incorporated Societies
Hamilton

MORAL AND ETHICAL CODES OF YOGA

YAMA or RESTRAINTS

AHIMSA

SATYA

ASTEYA

BRAMACHARYA

APARIGRAHA

NON VIOLENCE

NON LYING

NON STEALING

NON SENSUALITY

NON GREED

NIYAMA or VIRTUES

SAUCHA

SANTOSA

TAPAS

SWADHYAYA

ISVARA PRANIDHANA

PURITY-CLEANLINESS

CONTENTMENT

AUSTERITY

SELF ANALYSIS

DEDICATION TO GOD