

Yoga Aotearoa



Are you interested in deepening your practice and learning more about the philosophy and community of yoga?

Yoga Aotearoa (IYTA) NZ is a membership organisation for teachers and students of yoga. We provide study, teacher training and workshop courses, as well as local branch yoga days.



Benefits:



Join us for Sangha (community) and support for learning and deepening your practice



Discounts on local branch yoga days - Save the price of your membership over the year!



Access to study courses, teacher training and workshops



Quarterly newsletter with practical, philosophical and thought pieces, as well as interviews and event notices from around New Zealand

Membership costs \$50. To join visit iyta.org.nz or ask your local IYTA Teacher for a membership form or contact your branch representative.

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